



2024-2025
**300-Hour Yoga Teacher Certification Program Application/
Information Sheet**

Personal Information

First Name _____ Last Name _____

Male/Female _____ Date of Birth _____

Email _____

Phone _____

Mailing Address _____

City/State/Zip _____

Profession _____

Personal Practice & Intention

1. Please give a brief description of your education. This includes formal education, where and when you completed your 200-hour YTT (if applicable) and any other yoga trainings/certifications you have obtained:

2. How long have you practiced yoga? How often do you practice? What styles?

3. Which teachers inspire you?

4. Do you have a meditation practice? How would you describe it?

5. So that we may accommodate you, please list any limitations, health issues or surgeries/injuries that would limit your study and practice.

6. What are your expectations from this program, e.g., to deepen my practice, continue teaching, deepen my knowledge as a teacher, etc?

7. Do you currently teach yoga? If so, please describe your classes (style, typical format, location, etc)

8. In the space below, please feel free to add any additional personal information that will help us to know you better. You may also use this space to tell us what brought you to study with us.

Payment

Please indicate your preferred payment plan. Each plan includes unlimited yoga classes at One Tree Yoga for the duration of the program, September 6, 2024-August 3, 2025. Prorated refunds for tuition can be given through the end of the second meeting in November. No refunds are given after that date.

Program Pricing

Tuition includes unlimited yoga at One Tree Yoga for the duration of the program. Your free yoga pass will start on Sept 6, 2024 and end on August 31, 2025. Our 3 payment options are:

Early Bird One-Time Payment:

One payment of \$3,600 by Sept 6, 2024, includes a \$200 non-refundable deposit.

2-Payment Plan:

Two payments of \$1,900 in Sept & March 1st, for a total of \$3,800, includes a \$200 non-refundable deposit.

Monthly Payment Plan:

12 monthly payments of \$325, includes a non-refundable deposit of \$200 due by Sept 6th, for a total of \$3,900.

Monthly payments to commence in early Sept and will be charged at the beginning of each month, ending in August 2025.

*scholarships and work study opportunities available for BIPOC and those with financial need. A written essay is required. Email us for more info.

Please sign and return this document to One Tree Yoga electronically or on paper by mail. Email at info@onetreeyoga.com or mail to 2522 S 140th St, Omaha, NE 68144

Name _____ Date _____

Signature _____

- ___ I have enclosed payment of \$
- ___ I made a payment online of \$
- ___ I will contact One Tree Yoga about my method of payment.